

Live Well Omaha's 2018 Changemaker Summit DATA FROM THE DAY

EVALUATION RESULTS

46%

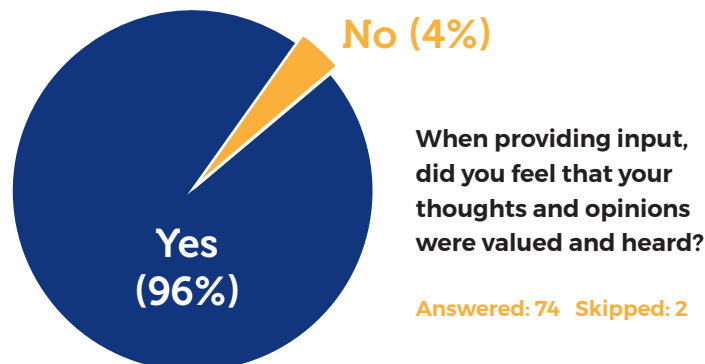
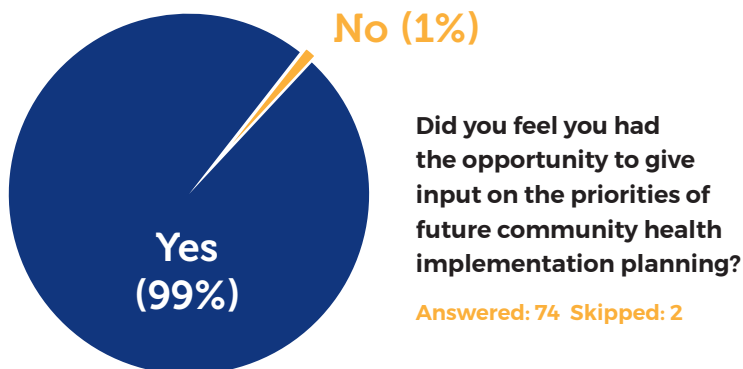
Response Rate

Overall Participation: 74 of 160 attendees provided feedback via an event evaluation offered both on paper and online.

**This re-sparked
my fire to work on
so many things!**

- 2018 Summit Attendee

Perception of Input



Constructive feedback on overall thoughts from event shared on the evaluation:

- Ratio of information giving to reflection/feedback/input was very one-sided
- Provide more processing input time and less talking.
- Provide more breaks and breakouts.
- Too long of a day.
- Lack of disability assistance to participate or encouraged to be included.
- While everyone in the Metro Area needs to be healthy, I believe the focus should be on those who are not.
- If we are talking about adverse health outcomes in North and Southeast Omaha, why are we not helping assure representative responses and feedback received at today's event (88% white). If there is a lack of political will around addressing the Social Determinants of Health, we need to encourage leadership in the room to advocate for what the community needs, not discourage them to decide on a different priority area. Economic hardship is the number one adverse childhood experience in every state!

ADULT

Which assets already exist that addresses one of the revealed 2018 health needs?

Access to Healthcare Services

- Early Childhood Home Visitation programs provide prenatal and postpartum depression screening
- Coordination Transit Committee (MAPA) - Difficulty accessing health care transportation
- Too many health systems for our size
- Better collaboration with health-care systems
- OneWorld Community Health Centers
- Federally Qualified Health Centers in North Omaha/South Omaha/Council Bluffs (ie. OneWorld Community Health Centers and Charles Drew Health Center
- Project Harmony
- Adolescent Health Project,
- Douglas County Health Department
- Visiting Nurse Association
- Immediate Care Clinics with walk-in hours
- Sarpy/Cass Immunization Clinic - free and public
- Ability to expand Medicaid in NE
- Medicaid in pregnancy
- Technology (telehealth) is an incredible asset that can help us address multiple health needs

Cancer

- In higher rates of cancer locally, the agencies that support survivorship and/or research (Buffett Research Cancer Center)
- Buffett Research Cancer Center
- Cancer Research Funding

Chronic Disease

- Grants for chronic DX prevention
- Chronic Care Management

Diabetes

- Obesity/Diabetes National Diabetes Prevention Program
- Charles Drew Health Center addressing CUD/ Diabetes

Heart Disease

- Heart Disease Specialized Hospital

Housing

- Douglas County Health Department - Housing Initiative addresses Social Determinants of Health

Mental Health

- Scientific knowledge to deal with issues
- Behavioral health services
- Mental health has limited assets and few pediatric psychiatrists
- Community Alliance
- Immanuel
- Mental Health Services at Charles Drew, OneWorld, BHECN (UNMC), Center for Holistic Development, Private BH Care Professionals Undiagnosed
- Eastern Nebraska Community Action Partnership (ENCAP) is equipped to provide high quality mental health and substance abuse response services in Douglas and Sarpy County (2 LMHPs and UNO Clinical Interns)

Nutrition, Physical Activity & Weight

- Our community values sports - let's make us all athletic!!
- Access to trails and parks
- More physical activity for people with disabilities to reduce weight gain and improve mental health
- Backpack program (food)
- Obesity/Diabetes National Diabetes Prevention Program
- Eating and exercise, knowledge and opportunities
- Live Well Omaha Kids - fruits and veggies, physical activity
- Community Gardens
- Obesity - inactivity
- Large number of overweight population creating poor role models for future
- Double Up Food Bucks pilot with Extension partnership - OFM public/private funding partnership
- Opportunities for research partnerships at universities
- Efforts around enhancing access to public parks/green spaces
- Metro bus
- Primary Care - Overweight/obesity goes across the spectrum in age!
- Modifiable behaviors (ie. physical activity)
- Nutrition information - just needs to be better shared

Sexual Health

- STI Program

Substance Abuse

- Region 6, CMI
- Eastern Nebraska Community Action Partnership (ENCAP) is equipped to provide high quality mental health and Substance abuse response services in Douglas and Sarpy Counties (2 LMHPs and UNO Clinical Interns)

Philanthropy / Sense of Community

- Generous philanthropy
- Generous community
- Many programs but not all problems solved
- Various community members and foundations willing to address health
- Local non-profits to help increase activity in the population
- We are starting/continuing to all work together!
- Community programs and health organizations that are dedicated to this wall
- Social connectedness (sense of community)

Vision

- Vision support for seniors to prevent falls, Outlook Nebraska

Other

- Dr. Adi Pour at the Douglas County Health Department
- Iowa Legal Aid Medical-Legal Partnerships - addressing legal health needs so patients can live healthier lives and are able to make healthier decisions
- Tobacco Education
- Advocacy of the Midlands
- UNMC
- Trauma -informed care/ACES training (Trauma Matters Omaha)

CHILD

Which assets already exist that addresses one of the revealed 2018 health needs?

Access to Healthcare Services

- Pediatric Services
- School-based Health Centers
- Early Childhood Home Visitation Programs provide prenatal and postpartum depression screening
- The political will to make significant strides toward universal healthcare
- Boys Town
- Technology and/or telehealth
- Sarpy/Cass Health Department Immunization Clinic
- Federally Qualified Health Center - North O/South O/Council Bluffs (ie. Charles Drew Health Center, OneWorld Community Health Centers)

Adverse Childhood Experiences

- ACE - strong child support organization

Behavioral Health

- School-based services for neurodiverse
- Behavioral health at Boys Town
- Cognitive and behavioral conditions ties to mental health
- Need more mental health practitioners

Brain Injury

- State passed legislation RE: "Return to Play" and "Return to Learn" Protocol for concussions

Community Support

- 75 North - helping to strengthen community supports and environments for kids
- Philanthropy has made significant investments in children's health and early childhood education
- The political will to make significant strides toward universal healthcare
- City of Omaha Planning Department
- Examples from other communities and countries that do it all better than us
- Local philanthropy
- The ability to learn from and with others
- Local non-profits
- Community and state partnerships - connect and align local, state, and national priorities
- Community Health Improvement Plans (CHIPs)

Early Childhood

- All day Kindergarten in Omaha Public Schools - safe environment, learning, and meals
- Evidence-based early childhood home visitation

Housing

- Sealant programs in 25 elementary schools
- Lift Up Sarpy - address emergency financial and housing needs

Health Information Sharing

- EHR data for child health status

Injury Prevention

- Safe Kids Douglas County and car seat events

Mental Health

- Promoting positive mental health of infants to prevent or mitigate childhood mental health issues
- Strong child support/care organizations
- Children's and Boys Town mental health services
- Connections at Project Harmony - mental health access, school-based
- Butler-Gast YMCA
- HOPE Squad (suicide and bully prevention) in Sarpy County-Bellevue Public Schools

Nutrition, Physical Activity & Weight

- Program Children
- Obesity/nutrition/exercise asset is Action for Healthy Kids grant funding
- Children's Hospital & Medical Center: Center for the Child and Community - addressing obesity with obesity grant program
- Collaborative attempts to address childhood obesity
- EHR obesity data, children's obesity continuum

Oral Health

- Private insurance (not all), Medicaid, FQHC's, Creighton Dental School, Private Providers

Sexual Health

- Adolescent Health Project - condom distribution, sex ed for parents
- Get Checked Omaha Campaign
- New sex ed curriculum

Vision

- Visionmobile

ADULT

What's your personal connection to one or more of these health needs?



CHILD

What's your personal connection to one or more of these health needs?



Find presentations, voting results, resources and more from the 2018 Changemaker Summit at

Livewellomaha.org/Summit